

Associate Professor Lilian Kow is a senior consultant surgeon at Flinders Medical Centre and Clinical Associate Professor at Flinders University of South Australia. She has been involved in training surgeons in bariatric surgery nationally and internationally.

Together with Professor Jim Toouli, she introduced the Swedish Adjustable gastric band to Australia and is internationally one of the leading investigators of vagal block therapy for the treatment of obesity. Lilian is a council member of the International Federation for the Surgery of Obesity (IFSO), President of the IFSO-Asia Pacific Chapter and the past president of the Australian and New Zealand Metabolic and Obesity Surgery Society (ANZMOSS).

Over the years, Lilian has visited many bariatric clinics around the world and is of the firm belief that bariatric surgery works better with an effective support programme. Lilian has been at the forefront along with her colleagues at the Adelaide Bariatric Centre in developing a very effective multidisciplinary programme for supporting our patients in their weight loss journey. The programme in Adelaide was one of the initial ones adopted in Australia and internationally and the first to be used in South Australia.

Lilian and her colleagues are firmly committed to providing this very important multidisciplinary support for our patients: a programme which clearly makes the Adelaide Bariatric Centre the leading centre for the management of weight loss in South Australia and one of the leading centres in the world.

In a significant honour, Lilian was elected to the presidency of the International Federation for the Surgery of Obesity (IFSO) commencing in 2019.

In this recent interview Lilian gave to the BBC as part of British Obesity Awareness week she explained the worldwide health epidemic that obesity has become and how we can raise further awareness.

QUALIFICATIONS:

Bachelor of Medicine, Bachelor of Surgery

Doctor of Philosophy

Fellow of Royal Australasian College of Surgeons