Dr. Asnat Raziel Medical Director of Assia Bariatric – an Israeli Multidisciplinary Center of Bariatric Surgery Assia Medical Group Assuta Medical Center

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My name is Dr. Asnat Raziel and I am the medical director of Assia Bariatric since 2005. Assia Bariatric is a high-volume bariatric center of excellence operating in a private hospital setting in Tel Aviv, Israel.

The center is composed of four fellowship-trained bariatric surgeons, 4 general surgeons, two plastic surgeons, an endocrinologist, a gastroenterologist, two psychologists, two bariatric dietitians, clinical and administrative coordinators, and a dedicated nurse.

I have completed my medical studies in Tel Aviv University, Israel; Served in the Israeli army as a flying surgeon, did a pilot license and then residency in general surgery in Wolfson hospital, Holon, Israel, and two years of fellowship training in bariatric surgery and minimally invasive surgery at the University of Minnesota, Minneapolis, Minnesota, USA, under the directors: Prof. Henry Buchwald and Dr. Sayeed Ikramuddin.

I am the secretary of the Israeli society of metabolic and bariatric surgery. I have presented and published multiple research articles in bariatric surgery.

My current research interest and my publications are in the fields of bariatric surgery, obesity, the multidisciplinary approach to the obese patient, the microbiome, wellbeing, nutrition, stress management, quality of life, comorbidities of obesity, radiology, anesthesia, minimally invasive surgery, and general surgery.

My major research focus is obesity and bariatric surgery and I collaborate with other researchers in my hospital and in other medical centers.

I am a mentor for women surgeons in Israel and I am certified in Mindfulness, Theta Healing, Metheism, Holistic Coaching and use holistic tools in my clinic.

My Big project is called Living Large, and it offers my patients different ways to be supported by 100 different Alternative Medicine therapists to allow a real change in their lifestyle.