

# CURRICULUM VITAE 2022

## Mohit Bhandari MS, DMAS

**Name** Mohit Bhandari MS, DMAS

**Title**

Pro-Chancellor, SAIMS University Indore, India.

Director, IBC ASIA

Member of IFSO Bariatric Endoscopy Board

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Mohak Bariatric and Robotic Surgery Centre

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**Licensure**

- Permitted by Medical Council of India to Practice in M.P, Gujarat, Maharashtra, New-Delhi, Telangana

**Training**

- Highschool Training-St Paul's HSc school, Indore, M.P
- University Training- DAVV University, Indore, M.P
- Residency Training- MGM Government Medical College and MYH Hospital, Indore, M.P

**Preceptorships**

- IRCAD EITS-Strasbourg, France
- Dr. Kelvin Higa-Centre Fresno, USA
- IRCAD-Taiwan
- Dr. Robert Rutledge- Las Vegas, USA
- Dr. Mal Fobi- Los Angeles, USA

**Fellowship**

- FICS; FIAGES: FALS

## **Medical Societies**

- OSSI
- IFSO
- ASMBS
- FICS

## **Hospital Affiliations**

- MBRSC, Indore
- SAIMS, Indore
- Medicover, Hyderabad
- Pushya Hospital, Ahmedabad
- MPCT, Mumbai

## **Positions Held**

- Executive Committee: Obesity Surgery Society of India
- Clinical Professor, SAIMS and PG Institute, Indore, India
- Course Director Hands-on Course in BMS, MBRSC, Indore, India
- CO-Director BMSSSWOCOME
- Course Director ASMBS -Postgraduate Course
- Course Director -IFSO Postgraduate Course on enhancing weight loss with Ring Placement
- Reviewer Obesity Surgery, IJS

## **Bariatric Surgeries/Diabetes Surgery/Endoluminal Procedures and Revision Procedures Performed**

- Gastric Bypass
- Sleeve Gastrectomy
- Banded Gastric Bypass
- Single Incision Lap. Sleeve
- Mini-Gastric Bypass
- Banded Mini-Gastric Bypass
- Gastric Banding
- Intra-Gastric Balloons
- Endoscopic Sleeve Gastroplasty

- Revision Procedures

### **Live Surgeries Performed in Surgical Workshops Across the Globe**

- Frankfurter Meeting, Germany
- BEST Meeting, Belgium
- Chinese Society Meeting, Guangzhou
- Cleveland Clinic CME, Florida (by webcast)
- IFSO, CANADA (by webcast)
- In India, >100

### **Research Projects**

More than 20 Research Projects on Surgical Treatment of Obesity and outcomes

- MSR vs Minimizer vs Mid-Cal for Banded Sleeve Gastrectomy.
- Endoscopic sleeve gastropasty versus conventional sleeve gastrectomy.
- Incidence of Secondary hyperparathyroidism in bariatric surgery: Comparison between Roux-en-Y gastric bypass and One-anastomosis gastric bypass/Mini-gastric bypass
- Metabolic surgery in patients with type 2 Diabetes Mellitus and BMI  $\leq 30$  kg/m<sup>2</sup>. Does T2DM really improves in these patients?
- Bariatric surgery in super-obese patients: medium-term follow-up outcomes of a center of high volume
- Banded One Anastomosis Gastric Bypass vs Metabolic Gastric bypass: A randomized control trial at single institution.
- Tubular gastric bypass vs Metabolic Gastric bypass: A prospective randomized controlled study at a single institution
- LGB vs BGBP long term outcomes and comorbidity resolution
- Tubular Gastric Bypass vs OAGB Long Term Outcomes and Comorbidity Resolution
- This is a prospective, non-randomized, controlled study for patients undergoing LSG & LBSG. The selection of cases will be non-probabilistic, analyzing all cases.
- This is a prospective, non-randomized, controlled study for patients undergoing OAGB/MGB & Banded OAGB/MGB with fixed BP Limb of 180 cms only.
- Endoscopic evaluation of Sleeve Gastrectomy vs Banded Sleeve Gastrectomy
- Endoscopic evaluation of Non-banded MGBP vs banded MGBP

- Evaluation of outcome of Gastric bypass operation with 80 vs 150 cm BP limb

### **Presentations**

- More than 200 Presentations and Surgeries Telecast at Conferences, Local, National and International

### **Media Appearances**

- More than 100 media appearances talking about obesity and bariatric surgery

### **Consultant and Speakers Bureau**

- Ethicon Endo-Surgical
- Medtronic
- Karl Storz
- Stryker
- Applied Medical's
- Bariatric Solution
- Apollo Endo-surgery

### **Publications**

#### ➤ **Full Articles**

- Goel R, Nasta AM, Goel M, Prasad A, Jammu G, Fobi M, Ismail M, Raj P, Palaniappan R, Aggarwal S, Bindal V, Katakwar A, Vennapusa A, Bhasker AG, Peters A, Goel D, Bedi D, Palep J, Kona L, Mehrotra M, Baijal M, Bhandari M, Dukkipati N, Wadhawan R, Baig S, Pattanshetti S, Ugale S. Complications after bariatric surgery: A multicentric study of 11,568 patients from Indian bariatric surgery outcomes reporting group. *J Minim Access Surg.* 2021 Apr-Jun;17(2):213-220. doi: 10.4103/jmas.JMAS\_12\_20. PMID: 32964881; PMCID: PMC8083745.
- Bhandari M, Kosta S, Khurana M, Mathur W, Reddy MK, Fobi M. Emerging Procedures in Bariatric Metabolic Surgery. *Surg Clin North Am.* 2021 Apr;101(2):335-353. doi: 10.1016/j.suc.2020.12.001. PMID: 33743973.
- Rawlins, L., Johnson, B. H., Johnston, S. S., Elangovanraaj, N., Bhandari, M., Cohen, R. V., Roy, S. Comparative Effectiveness Assessment of Two Powered Surgical Stapling Platforms in

Laparoscopic Sleeve Gastrectomy: A Retrospective Matched Study. *Medical Devices: Evidence and Research* 2020;13 195–204. doi:10.2147/MDER.S256237

- Bhandari, M., Fobi, M., Mathur, W., & Kosta, S. Response to “Time to Seek a More Personalized Approach to Bariatric Surgery.” *Obesity*.2020;28(2): 222–222. doi:10.1002/oby.22692
- Salvi P., Kosta S., Fobi M., Bhandari M., Reddy M., Gusani R., Khurana M, Benamro F, Mathur W, Bhandari M. Banded Sleeve Gastrectomy and One Anastomosis Gastric Bypass/Mini-gastric Bypass for Treatment of Obesity: A Retrospective Cohort Comparative Study with 6 years follow-up. *Obesity Surgery*. *Obes Surg*. 2020 Jan 2. doi: 10.1007/s11695-019-04369-3
- Bhandari M., Fobi M., Buchwald J N. Standardization of Bariatric Metabolic Procedures: World Consensus Meeting Statement. *Obes Surg*.2019; 29: 309–345. doi.org/10.1007/s11695-019-04032-x.
- Bandari M. Ballesteros PL, Kosta S. Bhandari M. Terrel H. Fobi M. Surgery in Patients with Super Obesity: Medium-Term Follow-Up Outcomes at a High-Volume Centre. *Obesity*. 2019;27(10): 1591-1597. doi:10.1002/oby.22593.
- Bhandari M., Mathur W., Fobi M., Kosta S. Outcomes of bariatric surgery in geriatric patients  $\geq 65$  years: single institution study. *Obes Surg*. 2019 Feb 5. doi: 10.1007/s11695-019-03718-6.
- Bhandari, M., Kosta, S., Mathur, W., Salvi, P., & Fobi, M. Assessment of Functional ability of Non-ambulatory Patients with Obesity: Before and after Bariatric Surgery. *Surgery for Obesity and Related Diseases*. 2019; 1-7. doi: 10.1016/j.soard.2019.09.068
- Bhandari M., Reddy M., Kosta S., Mathur W., Fobi M. Laparoscopic sleeve gastrectomy versus laparoscopic gastric bypass: a retrospective cohort study. *Int J Surg*. 2019 Jul; 67:47-53. doi: 10.1016/j.ijssu.2019.05.004.
- Bhandari M., Nautiyal H K., Kosta S., Mathur W., Fobi M. Comparison of One anastomosis gastric bypass (OAGB) and Roux-en-Y gastric bypass (RYGB) for Treatment of Obesity: A Five-Year Study. *Surgery for Obesity and Related Diseases*. 2019; S1550-7289(19):30210-2. doi: 10.1016/j.soard.2019.05.025
- Bhandari M., Mathur W., Kosta S., Mishra A K., Cummings D E., Banded Versus Non-Banded Laparoscopic Sleeve Gastrectomy: 5-Year Outcomes Surgery for Obesity and Related Diseases 2019; S1550-7289(18): 30317-4, doi: <https://doi.org/10.1016/j.soard.2019.04.023>.
- Bhandari M., Nautiyal H., Mathur W., Kosta S. OAGB/MGB VS BGBP: A Retrospective comparative study of a cohort of patients who had bariatric surgery in 2012 at one center by a single surgeon. *Clinical Obesity*. 2019; e12308. <https://doi.org/10.1111/cob.12308>

- Bhandari M, Humes T, Kosta S, Bhnadari M, Mathur W, Salvi P, Fobi M. Revision Operation to One Anastomosis Gastric Bypass for failed Sleeve Gastrectomy. 2019;15(2): 2033-2037. doi: 10.1016/j.soard.2019.09.064.
- Bhandari, M., Jain, S., Mathur, W., Kosta, S., Neto, M. G., Brunaldi, V. O., & Fobi, M. Endoscopic sleeve gastropasty is an effective and safe minimally invasive approach for treatment of obesity: First Indian experience. 08 August 2019. <https://doi.org/10.1111/den.13508>.
- Bhandari, M., Kosta, S., Mathur, W., Nautiyal, H. K., & Fobi, M. Reply to letter to the editor: Comparison of one anastomosis gastric bypass (OAGB) and Roux-en-Y-gastric bypass (RYGB) for treatment of Obesity: A five-year Study. *Surgery for Obesity and Related Diseases*.2019. doi: 10.1016/j.soard.2019.06.031.
- Kosta S., Bhandari M., Mathur W., Fobi M. Bariatric metabolic surgery outcome and the genetic makeup of the patients: a review. *Medical Science*, 2019, 23(95), 58-62
- Kosta S., Bhandari M., Mathur W., Fobi M. The Obscure Role of Genetics on Weight-Loss Following Bariatric Surgery. *Surg Obes Relat Dis*. 2018 Dec 20. pii: S1550-7289(18)31325-X. doi: 10.1016/j.soard.2018.12.013.
- Bhandari M., Bhandari M., Mathur W., Kosta S. OAGB/MGB for childhood and adolescent patients: a report of 20 cases done at a single centre in India. *Int Surg J*. 2018; 5:3837-41. doi:10.18203/2349-2902.isj20184714.
- Bhandari M., Bhandari M., Mathur W., Kosta S. The incidence of type 2 diabetes in patients presenting for bariatric metabolic surgery at a tertiary bariatric surgery centre in India. *Int J Res Med Sci*. 2018;6(11):3567-3570. <http://dx.doi.org/10.18203/2320-6012.ijrms20184408>
- Bhandari M., Mathur W., Kumar R., Mishra A., Bhandari M. Surgical and Advanced Medical Therapy for the Treatment of Type 2 Diabetes in class 1 Obese Patients: a short-term outcome. *Obes Surg*. 2017;27(12):3267-3272. doi: 10.1007/s11695-017-2770-y.
- Bhandari M., Bhandari S., Mishra A., Mathur W., Dixit A. Comparison between Banded and Non-Banded Roux-en Y Gastric Bypass with 2yr Follow-up: a preliminary Retrospective Analysis. *Obes Surg*. 2016;26(1):213-8. doi: 10.1007/s11695-015-1929-7

#### ➤ **Books and Book Chapters**

- Chapter on Weight regain after bariatric surgery: book- Management of Metabolic and Nutritional Complications of Bariatric Surgery

- Chapter on Laparoscopic Banded Bariatric Surgery: Obesity, Bariatric and Metabolic Surgery: A Comprehensive Guide 2nd ed.
- Bhandari M., Nautiyal, K.H., Mathur W., Kosta S. (2020) Banded Gastric Bypass by Fobi Ring: Technique and Results. In: Ettinger J. et al. (eds) Gastric Bypass. Springer, Cham. [https://doi.org/10.1007/978-3-030-28803-7\\_16](https://doi.org/10.1007/978-3-030-28803-7_16)
- Bhandari M., Reddy M.K., Mathur W., Kosta S. (2020) Mini Gastric Bypass: Why It Is Better than Gastric Bypass in India. In: Ettinger J. et al. (eds) Gastric Bypass. Springer, Cham. [https://doi.org/10.1007/978-3-030-28803-7\\_49](https://doi.org/10.1007/978-3-030-28803-7_49)
- Chapter on Bariatric Surgery- A panacea for all Obese in the book Monograph on Obesity
- Bhandari M. and Winni M. (2018). M. Deitel (ed.), Essentials of Mini – One Anastomosis Gastric Bypass. Chapter 19. Mini-Gastric Bypass Using Single or Reduced Number of Ports. Page no.196.[https://doi.org/10.1007/978-3-319-76177-0\\_19](https://doi.org/10.1007/978-3-319-76177-0_19)
- Fobi M. and Bhandari M. (2016) Laparoscopic Banded Gastric Bypass Surgery. Chapter 46, Section IX: Other Operations for Obesity-Honorary Section Editor: Conor J. Magee. Page no. 447. DOI 10.1007/978-3-319-04343-2
- Chapter on Gastric bypass with the Fobi ring: technique, results, outcome, complications.
- Chapter on Mini Gastric Bypass- Why it is better in India than gastric bypass?
- Chapter on Intra Gastric Balloon- A brief Perspective
- Chapter on Banded Sleeve Gastrectomy and the Banded Gastric Bypass- Bariatric Surgery: S.Olmi. M. De Luca, M. Anselmino, Almino Ramos, Jean Marc Chevallier (Masson Edra Editions

#### ➤ Abstracts

- Mathur W., Bhandari M, Fobi M., Kosta S. A606 Use of Incretin-Based Therapy as An Adjunct to Endoscopic Revisions After Bariatric Surgery. Surgery for Obesity and Related Diseases. October 2019;15(10): S251. doi: 10.1016/j.soard.2019.08.542.
- Bhandari M., Mathur W., Fobi M., Kosta S. A543 A retrospective study of revision operations for inadequate weight loss or weight regain after sleeve gastrectomy in 74 patients at a single institution by a single surgeon. Surgery for Obesity and Related Diseases. October 2019. 15(10): S225. doi: 10.1016/j.soard.2019.08.481.

- Mathur W., Bhandari M, Fobi M., Kosta S. A607 Can Incretin-Based Therapies augment results of Endoscopic Bariatric Procedures. *Surgery for Obesity and Related Diseases*. October 2019. 15(10): S251. doi: 10.1016/j.soard.2019.08.543.
- Bhandari M., Mathur W., Fobi M., Kosta S. A326 Evaluate the Efficacy of Bariatric/Metabolic Surgery: Among Adolescents with Severe Obesity. *Surgery for Obesity and Related Diseases*. October 2019. 15(10): S133. doi: 10.1016/j.soard.2019.08.270
- M. Bhandari, D. Cumming, W. Mathur, S. Kosta, M. Fobi. Banded Versus Non-Banded Laparoscopic Sleeve Gastrectomy: 5-Year Outcomes. *OBES SURG*. 2018; 28(2): 131–1271. O (014). <https://doi.org/10.1007/s11695-018-3411-9>
- M. Bhandari, W. Mathur, M. Fobi, S. Kosta. Banded Gastric Bypass Vs. Standard Gastric Bypass: Weight Loss and Maintenance After Four Years. *OBES SURG*. 2018; 28(2): 131–1271. O (266). <https://doi.org/10.1007/s11695-018-3411-9>
- M. Bhandari, W. Mathur, M. Fobi, M. Reddy, S. Kosta. Outcomes of Bariatric Surgery in Geriatric Patients: A Single Institution Study. *OBES SURG*. 2018; 28(2): 131–1271. O (267). <https://doi.org/10.1007/s11695-018-3411-9>
- M. Bhandari, W. Mathur, M. Fobi, M. Reddy, S. Kosta. SILS: A Report From One Centre With Short And Long Term Outcomes. *OBES SURG*. 2018; 28(2): 131–1271. P (011). <https://doi.org/10.1007/s11695-018-3411-9>
- M. Bhandari, W. Mathur, M. Fobi, S. Kosta. Bariatric Metabolic Surgery for Childhood and Adolescent Obesity: A Single Institution Experience from 2010 Through 2016. *OBES SURG*. 2018; 28(2): 131–1271. P (217). <https://doi.org/10.1007/s11695-018-3411-9>
- M. Bhandari, W. Mathur, M. Fobi, S. Kosta, M. Reddy. Banded Sleeve Gastrectomy Vs. One Anastomotic Gastric Bypass: A Retrospective Comparative Study Of A Cohort Of Patients From 2011. *OBES SURG*. 2018; 28(2): 131–1271. P (218). <https://doi.org/10.1007/s11695-018-3411-9>
- M. Bhandari, W. Mathur, M. Fobi, S. Kosta, M. Reddy. Weight Regain After Laparoscopic Sleeve Gastrectomy Is Part of the Natural History of The Operation. *OBES SURG*. 2018; 28(2): 131–1271. P (221). <https://doi.org/10.1007/s11695-018-3411-9>
- W. Mathur, M. Bhandari, M. Fobi, S. Kosta. Comparative Analysis of Digital Media Marketing Versus Print Media for Promoting A Bariatric Surgery Centre. *OBES SURG*. 2018; 28(2): 131–1271. P (361). <https://doi.org/10.1007/s11695-018-3411-9>



- W. Mathur, M. Bhandari, M. Fobi, S. Kosta. Why Patients Refuse Bariatric Surgery despite Qualifying for It- Bariatric Manager's Perspective and Data from a High-Volume Bariatric Surgery Centre. OBES SURG. 2018; 28(2): 131–1271. O (282). <https://doi.org/10.1007/s11695-018-3411-9>
- W. Mathur, M. Bhandari, M. Fobi, S. Kosta. Robotic bariatric surgery- is it worth the cost we pay? A bariatric program director's perspective. OBES SURG. 2018; 28(2): 131–1271. O (041). <https://doi.org/10.1007/s11695-018-3411-9>
- W. Mathur, M. Bhandari, M. Fobi, S. Kosta. Clinical outcome of patients operated during live operative workshop by local surgeon and invited surgeons. OBES SURG. 2018; 28(2): 131–1271. O (085). <https://doi.org/10.1007/s11695-018-3411-9>
- D. Chitale, M. Bhandari, M. Fobi, W. Mathur, S. Kosta. Extensive Follow up Affects Long Term Nutritional Outcomes In Patients With One Anastomosis Gastric Bypass/ Mini Gastric Bypass. OBES SURG. 2018; 28(2): 131–1271. OBES SURG. 2018; 28(2): 131–1271. O (206). <https://doi.org/10.1007/s11695-018-3411-9>
- Mathur W, Fobi M, Bhandari M, &Kosta S. Is there a difference in patients who are self-referred for bariatric surgery VS those referred by relatives? Surgery for Obesity and Related Diseases. Surg ObesRelat Dis. 2018. 14(11), S140.doi: 10.1016/j.soard.2018.09.312.
- M. Bhandari, W. Mathur, M. Fobi, M. Bhandari, A. Mishra. The Incidence of T2DM in Patients Presenting for BMS at a Tertiary Bariatric Surgery Centre in India. Obes Surg. 2018; 28(2): 131-1271. P (220). <https://doi.org/10.1007/s11695-018-3411-9>.
- M. Bhandari, W. Mathur. Is Marginal Ulcer really a problem after OAGB/MGB- Our experience from more than 3000 cases at a single center. ASMBS E-Poster Abstracts / SOARD.2018; 14 (11): S135. <https://doi.org/10.1016/j.soard.2018.09.304>.
- Bhandari M., Fobi M., Mathur W. and Mishra AK. A Retrospective, Comparative Study of Banded Sleeve Gastrectomy (BSG) vs. Mini-Gastric Bypass (MGB), a cohort comparative study of patients operated in 2011 with five years follow up. (A501).
- Mathur W., Bhandari M. and Fobi M. Banded Gastric Bypass VS Standard Gastric Bypass: Weight loss and maintenance after four years. (A5034).
- Bhandari M., Mathur W. and Fobi M. Weight regain after LSG starts after the second year and increases yearly with 30% of the weight lost regained after six years. (A5116).
- Bhandari M., Mathur W. and Fobi M. Outcome of Sleeve revisions for inadequate weight loss or weight regain to BGBP VS. MGB VS. Re-sleeve. (A5210)

- Mathur W., Bhandari M. and Fobi M. Banded Gastric Bypass VS Standard Gastric Bypass: Weight loss and maintenance after four years. (A5034) Abstract ASMBS2017, Washington DC, USA.
- Bhandari M., Mathur W. and Fobi M. Weight regain after LSG starts after the second year and increases yearly with 30% of the weight lost regained after six years. (A5116) Abstract ASMBS2017, Washington DC, USA.
- Bhandari M., Mathur W. and Fobi M. Outcome of Sleeve revisions for inadequate weight loss or weight regain to BGBP VS. MGB VS. Re-sleeve. (A5210) Abstract ASMBS2017, Washington DC, USA.
- Bhandari M., Fobi M., Mathur W. and Mishra AK. A Retrospective, Comparative Study of Banded Sleeve Gastrectomy (BSG) vs. Mini-Gastric Bypass (MGB), a cohort comparative study of patients operated in 2011 with five years follow up. (A501) Abstract ASMBS2017, Washington DC, USA

#### **Awards**

- Shri Kamalkant Vashishta Gold Medal for highest marks in 2<sup>nd</sup> MBBS.
- Levi Marol Gold Medal for highest marks in Pharmacology given by Dr. B.C. Bose.
- Dr. B.S. Mehta Gold Medal for highest marks in ENT in 2002.
- Sonar Gold Films, Bombay, Gold Medal for highest marks in Ophthalmology.
- Late Balwant Dhog Sondittakal Gold Medal for highest marks in Medicine.
- Sonar Gold Films, Bombay, Gold Medal for highest marks in Surgery.
- Dr. R.P. Singh Gold Medal for highest marks in 3<sup>rd</sup> M.B.B.S.
- Dr. Mrs. Malini Hamlikar Gold Medal for highest marks in Obst. & Gynecology.
- Padambhushan Dr. S.K. Mukherjee Gold Medal for highest marks in all Professionals of M.B.B.S.
- Mr. Sunder RaoThakre Memorial Gold Medal for aggregate topper in all professionals.
- Late Dr. G.N. Kamble Gold Medal for highest marks in Medicine.
- Late Dr. G.N. Kumble Gold Medal for highest marks in Surgery.
- Omkar Parmarthik Trust award for highest marks in 2<sup>nd</sup> Professional.
- Sonar Gold Films for highest marks in Medicine.
- Dr. Mrs. Tek Singh Memorial Gold Medal for aggregate topper in all professionals.
- Dr. R.V. Upadhyay Gold Medal for topper of Pathology.

- Late Kailash Singh Gold Medal for topper in Obst. &Gynaecology.
- Dr. B.G. Dodhapkar Gold Medal for highest marks in Medicine.
- Gold Medal for highest marks in Orthopaedics (Rajiv Rallan Award).

➤ **IMA Medal for Highest Marks in ENT**

- IMA Medal for highest marks in Ophthalmology.
- Dr. Anil Gupta cash prize for 1<sup>st</sup> position in Surgery.
- Dr. Khan Bahadur Ahmed Bux Gold Medal for 1<sup>st</sup> position in Surgery.
- Late Dr. B. D. Mulye Gold Medal for 1<sup>st</sup> position in Medicine.
- Late Dr. J.P. Ahuja cash prize for 1<sup>st</sup> position in III MBBS.
- IMA Gold Medal for overall 1<sup>st</sup> position in Pre-final.
- Late Dr. Bhagwat Gold Medal for 1<sup>st</sup> position in Obst. & Gynaecology.
- Dr. M.V. Kamath Gold Medal for highest marks in Gen. Surgery in 2003
- The M.G.M. Blue Award (The Pride of M.G.M.) Awarded