

Dr. Sjaak Pouwels, MD, PhD is a surgeon in training at the Helios Klinikum in Krefeld in Germany.

He started his career in Eindhoven, the Netherlands where he did his PhD and developed a keen interest for physiology in obesity and the influence of bariatric and metabolic surgery.

In the years after he worked in several surgical and ICU departments in the Netherlands, before starting his surgical training. He also published in several areas of which obesity and bariatric/metabolic surgery still is his main research focus.

He currently has two PhD's, > 110 published articles in peer-reviewed journals and gave > 40 national and international presentations.